Sport and Physical Activity Commissioning

Let's
Get
Moving



Active Together Framework

Outcomes

The difference we want to make

More People

Regularly taking part in physical activity.

Better Health

Improving physical and mental wellbeing, especially for our most inactive people.

Connecting Communities

Where people and places connect and thrive through moving more and being active.

Vision

Where we want to get to

Leicestershire, Leicester and Rutland: a place where physical activity is part of daily life, leading to people living healthier and happier lives.

Values

Shape our behaviours and attitudes

Inclusive

We make decisions that are fair, equitable and that focus on reducing inequality.

Innovative

Our practice is creative, scalable and sustainable.

Inspiring

Our energy and enthusiasm motivates our communities to move more.

Inquisitive

We are keen to learn, ask questions and are curious about alternative solutions.

Principles

hape the way we operate

Be Dynamic

Have a flexible and agile approach that responds to the changing environment.

Be Brave

Challenge the blockages to progress and take calculated risks to find the right solutions.

Learn from Everything

Learn and reflect on all our work and seek to continuously improve.

Work as a System

Tackle complex challenges through partner collaboration and trust.

Ways of Working

Help us connect and deliver for our communities

Connecting and Collaborating

We will recognise the complexity of our mission and develop common purpose with partner organisations.

Putting People and Place First

We will put the community at the centre of the work.
"Nothing to us, without us".

Thinking Long Term

We will over time strive to tackle the root causes of barriers to being physically active.

Prioritise Reducing Inequality

We will channel our resources, energy and time to those whose lives will benefit most. Strategically, how is sport & Physical activity placed within our locality? How is sport & physical activity linking wider strategic plans?

Cycling and Walking

Air Quality / Active Travel

Local Plan/ Health Impact Assessments

Healthy Weight Strategy

Working with CCGs and PCNs

Local Health Partnerships MECC - Healthy Conversations

Workplace Wellbeing

Tobacco Control Alliance Mental Health Network Food Poverty (not PA related)

Health in all Policy

Working with Parish and Town Councils

Conservation

Housing

Violence Reduction Network

Inquisitive

We are keen to learn, ask questions and are curious about alternative solutions.

Work as a System

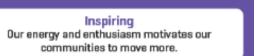
Tackle complex challenges through partner collaboration and trust.

Connecting and Collaborating

We will recognise the complexity of our mission and develop common purpose with partner organisations. How are we working together and with Active Together / LCC Public Health to ensure that there is a consistent offer for physical activity across Leicestershire?

- Grow our local networks collaboratively
- Advocate & Champion more than before
- Continually share our Physical Activity message

#Let'sGetMoving



How are we working to support wider Public Health Programmes?

- Weight Management Service
- Quit Ready
- Healthy Tots and Healthy Schools
- Wellbeing at work
- Pre and Post Natal
- Healthy Conversation Skills
- Healthy Weight Strategy
- PA Pathway
- Active Places and HIAs
- LACs / Social Prescribing / Recovery Workers

The building blocks to local capacity and sustainability

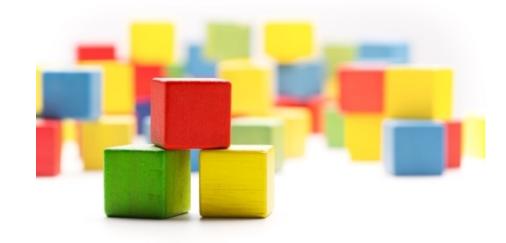


Community



Use of volunteers



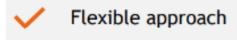




Engage



Maximising opportunities through relationships



Innovative

Our practice is creative, scalable and sustainable.

Be Brave

Challenge the blockages to progress and take calculated risks to find the right solutions.

Connecting and Collaborating

We will recognise the complexity of our mission and develop common purpose with partner organisations.





How will our work support with tackling the inequalities we have long seen in physical activity?

Inclusive

We make decisions that are fair, equitable and that focus on reducing inequality.

Learn from Everything

Learn and reflect on all our work and seek to continuously improve.

Prioritise Reducing Inequality

We will channel our resources, energy and time to those whose lives will benefit most.

A flexible response to transformational work and emerging opportunities

Monitoring, Evaluation and Learning Culture



Innovative Our practice is creative, scalable and sustainable. Be Dynamic

Have a flexible and agile approach that responds to the changing environment.

Connecting and Collaborating We will recognise the complexity of our mission and develop common purpose with partner organisations.

about alternative solutions.

barriers to being physically active.

How are we managing the balance between programme/ intervention delivery and systems change?

- Experienced in managing programme/intervention delivery
- Systems Leadership is becoming instinctive
- ► Work with the willing



Care to Walk

Community Engagement Day



Inter Faith Walk



Let's Grow



Seated Activity





Walking

Walking Football





Questions